



**LIMITLESS
KIDS**

GOD-CONNECTED FAMILY TIME

IDEAS FOR A DAILY TIME WITH GOD



THE IDEA

Originally produced by our team during the global pandemic of 2020 this resource is still relevant for families who want to connect with God.

Children spent a large majority of their time at home and as parents we have the responsibility of discipling our children but sometimes it's hard to know where to start.

We understand your children are unlikely to connect with a long prayer meetings and creativity and interaction is key.

So hopefully this resource may help with some creative ideas of how to have a God-connected time in your home.

There is no set pattern, pick whichever ones are possible and give it a go...you can also use any of your own ideas too.

We pray that God moves in your family in a powerful way

USING THE RESOURCE

READ:

The ideas give a Bible reference to start with. Taking time to help each other find the correct book, chapter and verse is a great way of helping your children to find their way around their Bible. You could choose one person to read the verse or repeat it by having everyone have a go at reading.

CHAT:

Once you have read the Bible together, spend a few minutes chatting out loud about your thoughts and questions. Let the conversation flow, even if there are some strange tangents (you can bring it back in whenever you want to), If you are stuck for conversation ideas, there are some suggestions in the resource.

CONNECT

Our relationship with God is two-way and rather than just 'praying to Him', these ideas could help us connect with Him in a deeper way. There are a variety of ideas shared but feel free to use your own creativity and follow wherever God leads.



GOD-CONNECTED FAMILY TIME (13)

MALLOW MISSION

READ: ROMANS 5:3-5

CHAT:

Do you know what the word perseverance means? When have you needed perseverance before? What does this verse teach us about persevering?

CONNECT:

Search online for instructions for the marshmallow spaghetti challenge. Try making your own tower. When you have finished, stop and pray, talking to God about times you may need his help to persevere. Let His Spirit fill you and help you.

RAISING ROCKET

READ: PSALM 148: 1-5

CHAT:

In this Psalm, the sun and moon worship God. What do you imagine it would look like to see these parts of creation worshipping?

CONNECT:

Let's lift praises high up to God. Make your own worship rocket today using recycling, junk or bits from around the home. Decorate your rocket with your own words of praise to lift up to God. See how high you can throw your rocket.

POTATO PRINT

READ: PSALM 16:11

CHAT:

When we follow God, He fills our hearts with joy. What does joy feel like? Can you think of a time when you felt really joyful?

CONNECT:

Find some paper, paint and a potato. Think of a shape that represents joy to you. Ask an adult to cut that shape in the potato to make a stamp. Use the paint to stamp paper and pray that God would fill you and those around you with joy.

COAT OF ARMS

READ: JOHN 1:12

CHAT:

God chooses you to be a part of His family - you are His child. What does this mean? How does it make you feel?

CONNECT:

Do you know what a coat of arms is? Have a look online and see if your family name has one, or maybe someone you know. People usually include things that are important to their family in a coat of arms. Spend time with God and design a coat of arms for you and Him.

COMIC 'BOOK'

READ: JOEL 1:2-3

CHAT:

This verse talks about the importance of passing on the Bible stories to future generations. Why do you think this is important?

CONNECT:

Bible stories are amazing, they help us to understand God. Chose a Bible story and have a go at drawing it out comic book style. When you've finished show each other your comic books and enjoy sharing the 'Book'.

ARMOUR DRAMA

READ: EPHESIANS 6:10-18

CHAT:

What parts of the armour of God have you acted out already? Choose a different piece to focus on today.

CONNECT:

Have a go at making that piece of the armour with items from around the home & some recycling junk. Pass the piece round, act out God's protection with that piece and pray for the person who is wearing/holding the armour.

SHADOW SKETCH

READ: PROVERBS 27:19

CHAT:

Where can you see your reflection? This proverb says the heart reflects the man,. What does this mean?

CONNECT:

Find a way to make a shadow of yourself (you could use the sun or a light). Take it in turns to draw around each others shadows (floor chalk or pen & paper). When you have an outline, pause and listen to what God sees reflected in your heart. Write it down.



GOD-CONNECTED FAMILY TIME (14)

HUM THAT TUNE

READ: PSALM 147:1

CHAT:

It is good to sing praises to our God. Do you enjoy singing? What other ways can you make a noise with your mouth?

CONNECT:

Play a game of Hum that Tune with worship songs or Christian music. When you've guessed the song you could continue to sing along to the humming and worship God together - A Capella style.

RUN THE RACE

READ: HEBREWS 12:1-3

CHAT:

What types of races can you think of? When a person is racing, how do they keep their focus? How can we keep our focus on Jesus?

CONNECT:

Think of some different ways to race each other. It could be running, cars, computer game etc. Have some races for fun. At some point, pause and talk to God about running His race, listen to what He says to cheer you on.

HELLO JELLO

READ: 1 CHRONICLES 16:8-12

CHAT:

God has done great things. Sometimes we forget all the little things He has done for us. Chat about times when God has been good to you.

CONNECT:

Make jelly ahead (hide some fruit or sweets inside before it's set). Spend some time seeking God - listen to what He says about His goodness. Actively search for the extra treats in your jelly like you're searching for more of God's goodness.

TUMBLE TIME

READ: JAMES 1:12

CHAT:

Trials can be very difficult times, What things might be called a trial? God is with us through good & bad times.

CONNECT:

Can you do a roly-poly or a cartwheel? Or any other move that turns your body upside down? Have a go at finding different moves you can do - if someone is struggling, help them. Remember that when life turns us upside down we can trust that God will help us and be with us through it.

CARD TOWER

READ: 1 CORINTHIANS 3:10-15

CHAT:

What we build of lives upon is so important. What different things can we sometimes wrongly build our lives in instead of Jesus?

CONNECT:

Have a go at making a card tower on different surfaces. You could try a table, soft rug, the grass, a ball etc. Think about times when you've not put Jesus as your foundation. Say sorry to God and ask Him to help you build on Him.

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MOULD ME

READ: ISAIAH 64:8

CHAT:

What does it mean that we are the 'clay' and God is the 'potter'? What does this require of us?

CONNECT:

Make some salt dough (or use playdoh, clay or similar). Ask God to guide you about what to make. Let your creativity flow as you create something beautiful out of the clay. Chat to God, if you want to, ask Him to shape you His way: like a potter molds clay.



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GOD-CONNECTED FAMILY TIME (15)

100 SECONDS

READ: PSALM 46:10

CHAT:

What do you prefer - being noisy or being quiet? There is a time for both. Often in the still and quiet we can hear God's voice clearly.

CONNECT:

Set a timer for 100 seconds and be still and silent for that length of time. Just be still and open your ears to hear anything that God says. Afterwards, talk about how you found the silence and share anything God has said.

CIRCUIT TRAINING

READ: 1 TIMOTHY 4:6-10

CHAT:

People train their bodies for lots of different things. For what things might someone train? How can we train ourselves to be Godly?

CONNECT:

Set up a circuit of physical training stations (eg. star jumps, jogging, step ups etc). Move around each station after short intervals. Have a break half way through and ask God how you could train yourself spiritually.

FRUIT SQUEEZE

READ: MATTHEW 7:16-17

CHAT:

This story uses fruit as a metaphor. What does it actually mean to bear fruit? What is good fruit and what is bad fruit?

CONNECT:

Make your own 'good' fruit juice. You could oranges for orange juice or make lemonade with lemons. Squeeze the fruit to get the juice out. As you squeeze ask God to help you to leak goodness in your life. Enjoy your homemade drinks...yum.

THE FINE LINE

READ: MATTHEW 7:13-14

CHAT:

We learn about the narrow and wide path in this verse. Why is the narrow path hard to stay on?

CONNECT:

On a piece of paper draw a wide path (with 2 lines about 10 cm apart) and a narrow path (single line). Place a paper ball/ping pong ball at the start of the paper. Use a straw to blow the ball along. See if you can stay on the paths. Pray for each other between turns.

SHINE BRIGHT

READ: 2 CORINTHIANS 4:5-6

CHAT:

Light always shines in the dark. How has God shined His light into your heart? How can you shine His light?

CONNECT:

When the sun shines it is daytime. Make your own sunshine today...you could make big paper mache sun, a drawing or use paper plate and felt tips. Thank God that He is the light and ask Him to shine in and through you.

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IN THE BUBBLES

READ: PROVERBS 2:1-7

CHAT:

These verses talk about the importance of searching for wisdom. What is wisdom? And why is wisdom so important?

CONNECT:

Make a lot of bubbles in a large bowl (using bubble bath/washing up powder and a little bit of water). Hide bottle tops, coins or similar. See if you can find the items in the bubbles. Search like you mean it (time each other to make it competitive).



GOD-CONNECTED FAMILY TIME (16)

PULL THE PLUG

READ: HEBREWS 10:10

CHAT:

When Jesus gave Himself to die on the cross, God forgave all our sin and made us 'holy'. What does the word 'holy' mean in this verse?

CONNECT:

Fill a sink or bath up with water and find fun ways to make the water dirty (mud, food colouring, ketchup etc). Reflect on wrong things you have done and when you are ready, say sorry to God, pull the plug and let the water go.

BIRD FEEDER

READ: MATTHEW 6:25-27

CHAT:

We all get anxious at times - what do you feel like when you get anxious? How might thinking about these verses help when you are anxious?

CONNECT:

Search online for how to make a bird feeder with seeds/fat or go to feed the ducks at the park. As you feed the birds, thank God that He provides for you. Think of specific things He has provided and say them out loud.

PARTY TIME

READ: PSALM 118:24

CHAT:

God made today and every other day. What does the word rejoice mean? How do you like to celebrate? What would be your best party ever?

CONNECT:

Go crazy and have a party: have fun & celebrate God. You could play music, dance, eat party food, play party games etc. Simply celebrate God's goodness and enjoy yourselves. Don't forget to tell your friends afterwards all about your party.

BOWLED OVER

READ: PSALM 27:1-3

CHAT:

God is bigger and stronger than anything we may face. What sort of battles can we sometimes find ourselves in?

CONNECT:

Play a game of 10 pin bowling. If you don't have a set, use plastic bottles or toilet roll tubes and a ball. Imagine each pin to be a 'battle' you are facing. Let the Holy Spirit give you peace & confidence as you bowl them over. Stand tall in God's strength knowing He is with you.

HEAR EAR

READ: 1 SAMUEL 3:1-14 (V10)

CHAT:

Do you know the story of Samuel? How many times did Samuel miss God's voice? What did he say to God to show he was ready to hear?

CONNECT:

Make some paper ears: stick them onto a headband or a paper band around your head. If your prayer is like Samuel's, and you want to hear God, write these words on your ears "Speak, Lord. I am your servant, and I am listening."

CLOUD SHAPES

READ: JOB 37: 10-14

CHAT:

God is Lord of everything- including the clouds. How do you imagine God controls the clouds? Does He point, talk...?

CONNECT:

Today, 'stop and consider the wondrous works of God' - go outside and look at the clouds. See what shapes you can see in them. Think of the different things clouds do. Consider how amazing God is to know and control all that the clouds do.

ROYAL ROBES

READ: 1 PETER 2:9

CHAT:

When you think of royalty, what do you think of? What does it mean that you a royal priesthood?

CONNECT:

See how royal you can make yourself look today - create your own royal fancy dress outfit. When you are all wearing something 'royal', ask God what He says about the other people in your family. Share what God says to you about others.